

GROWTH MINDSET SELF-TALK

ATTITUDE & EFFORT DETERMINE HOW MUCH I LEARN

BE BRAVE & STEP OUT OF MY COMFORT ZONE

CHALLENGES HELP ME GROW

I'LL TRY A **D**IFFERENT STRATEGY

EFFORT MAKES ME STRONGER

I CAN WELCOME **F**EEDBACK

GETTING BETTER TAKES TIME

HOW CAN I BUILD ON MY STRENGTHS?

I CAN CHOOSE A GROWTH MINDSET

LEARNING IS A **J**OURNEY

I CAN **K**EEP AN OPEN MIND

LEARNING IS MY GOAL ... NOT PERFECTION

MISTAKES HELP ME IMPROVE

NEW THINGS ARE OPPORTUNITIES FOR ME TO LEARN

IT'S **O**K TO NOT KNOW SOMETHING

WHEN I ASK **Q**UESTIONS, I LEARN

SUCCESS OF OTHERS INSPIRES ME

PLAN B MIGHT WORK

IT'S OKAY TO TAKE **R**ISKS

I CAN CHOOSE TO **T**RY AGAIN

UNSUCCESSFUL ATTEMPTS ARE ALL PART OF THE PROCESS

VALUABLE INFORMATION CAN BE FOUND IN EVERY FAILURE

WHAT CAN I LEARN FROM THIS?

XYZ DIDN'T WORK I'LL TRY ABC

I DON'T KNOW HOW TO DO THIS... **Y**ET!

ZANY IDEAS CAN LEAD TO AMAZING THINGS