

2021-2022 State Officer Workshops and Request Form

District/Chapter Requesting Visit: _____

Date of Presentation: _____ Location: _____

Contact Person: _____ Title: _____

Contact Number: _____ Email: _____

Arrival Time: _____ Start Time: _____

Workshops are planned to be 35-45 Minutes or can present to multiple classes throughout the day.
State Officers can present their workshop or general FCCLA presentations.

Please email all requests to Pam Lamb and the State Officer you are requesting.

Pam Lamb, FCCLA State Adviser

Email: plamb@ksde.org

Phone: 785-296-2164

Fax: 785-291-3791

Mission: Astronaut to Commander

Rene Cabrera

Seaman High

rcabrera.ksfccla@gmail.com

Community Connects Us

Madison Coulter

Fredonia High

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Drives and Dimes

Breanna Warren

Campus High

bwarren.ksfccla@gmail.com

Social Media: The Good and The Bad

Kaelyn Conrad

Wabaunsee High

kconrad.ksfccla@gmail.com

Student Body Jeopardy

Kara Kunselman

Satanta Jr/Sr High

kkunselman.ksfccla@gmail.com

Compete to Complete

Erin Frenk

Fredonia High

efrenk.ksfccla@gmail.com

Activate to Advocate

Kate Coulter

Eureka High

kcoulter.ksfccla@gmail.com

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Rene Cabrera
State President

“Mission: Astronaut to Commander”

Your most important mission has arrived. Take a space exploration through the treterious "FCCLA Leadership Galaxy". This workshop teaches members about our current Leadership positions and how you can take that "one small step for man, one giant leap for mankind" to getting that "out of this world" leadership position.

Breann Warren
VP of Membership

“Drives and Dimes”

During "Drives and Dimes" members will have the opportunity to share their experiences with membership drives and fundraisers while also learning tips and tricks. They will experience interactive games, and there will be time for questions at the end! If you are looking for information about how to recruit or retain members, or how to fundraise effectively then this will be a great workshop for you!

Kara Kunselman
VP of Individual Programs

“Student Body Jeopardy!”

This workshop is to teach everyone about FCCLA and Student Body while having fun doing it. We will play jeopardy like kahoot about FCCLA and Student Body. Members will participate in a nutrition trivia, brainstorm ways to make days brighter for others and how to stay fit. Wrap things up and win more prizes! It will be an extremely engaging workshop!

Madison Coulter
VP of Recognition

“Community Connects Us”

Through "Community Connects Us", members will learn about the state community service project, how to apply for the state community project award, gain connections through the community, and plan/carry out a community service project as an individual or chapter.

Kaelyn Conrad
VP of Public Relations

“Social Media: The Good and The Bad”

Are you using safe habits when it comes to social media? In this workshop, learn how to use social media to advocate for yourself and your chapter. Use social media for the good and learn about the dangers or the bad of social media.

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State Officer Workshops

Erin Frenk
VP of Corporate Relations & Finance

“Compete to Complete”

Members will complete their FCCLA bucket list by discovering new ways to compete in FCCLA competitive events. They'll learn how Power of One, LEOs, and the FCCLA/LifeSmarts Knowledge Bowl team can help them achieve their FCCLA goals and aspirations. We will shine a light on other competitive event opportunities in FCCLA. Come join and start checking off items on your FCCLA bucket list!

Kate Coulter
VP of Peer Education

“Activate to Advocate”

In the workshop Activate to Advocate, we learn multiple ways to spread the FCCLA way of having the Ultimate Leadership Experience! We demonstrate how to properly advocate for FCCLA using the Power of One Unit: Speak Out for FCCLA and talk about the Star Event: Promote and Publicize FCCLA. When using these 2 topics and learning the importance of proper promotion, we learn how much value and work goes into running an organization and without advocating there would be no FCCLA organization!