



FCCLA NATIONAL PROGRAMS

CAREER CONNECTION

Career Connection helps youth learn more about themselves, the workplace, and careers so that they can put themselves on the pathway to future success. The projects that members conduct around Career Connection units will give them the confidence to face the thousands of overwhelming options that come with future career decisions.

FINANCIAL FITNESS

Financial Fitness engages youth in teaching one another how to earn, spend, save, and protect money wisely. Through FCCLA's Financial Fitness program, youth plan and carry out projects that help them and their peers learn to become wise financial managers and smart consumers. Youth leaders can build their peers' financial literacy and teach them skills for managing their finances.

STUDENT BODY

The Student Body program helps youth learn to make informed, responsible choices for their physical and mental health while also providing opportunities to teach others. The teen years are an ideal time to establish healthy attitudes and habits to last a lifetime, which is why Student Body gives teens the facts and incentives they need to build a healthy body.

FACTS

FAMILIES ACTING FOR
COMMUNITY TRAFFIC SAFETY

FACTS gives teens the information and incentives they need to build an understanding of what it means to drive safely, both today and in the future. Through their projects, teens work to educate adults and youth about traffic safety and to support enforcement of local rules and regulations. Youth leaders are given the tools to help families promote basic safety attitudes that can last a lifetime.

COMMUNITY SERVICE

The Community Service program guides students to identify local concerns and carry out projects to improve the quality of life in their communities. Through their projects, members experience character development and improve their critical and creative thinking, interpersonal communication, practical knowledge, and career preparation. Youth leaders learn more about themselves, others, and the world so that they can make a difference now and in the future.

FAMILIES FIRST

Through Families First, youth gain a better understanding of how families work and learn skills to become strong family members. Its goals are to help youth become strong family members and leaders for today and tomorrow and to strengthen the family as the basic unit of society.

POWER of ONE

Power of One helps students to find and use their personal power. Members set their own goals, work to achieve them, and enjoy the results. Each youth-created Power of One project relates to one of the following five units:

1. A Better You: Improve personal traits
2. Family Ties: Get along better with family members
3. Working on Working: Explore work options, prepare for a career, or sharpen skills useful in business
4. Take the Lead: Develop leadership qualities
5. Speak Out for FCCLA: Tell others about positive experiences in FCCLA

STAND UP

The FCCLA Stand Up national peer education program guides members to develop, plan, carry out, and evaluate advocacy activities to improve the quality of life in their communities. Members develop their voice to make a positive impact. Through their projects, members experience character development and improve their critical and creative thinking, interpersonal communication, leadership, practical knowledge, and career preparation. Members learn more about how to:

- **Assess** current needs,
- **Educate** others regarding concerns,
- **Advocate** so that they can make a difference now and in the future.