

Trainers Available

Yellow Ribbon for Adults or Students - *this is 90 minute training that increases awareness of depression, suicidal ideation, risk and warning signs, stigma reduction, help-seeking behavior and resources for help. Features a card students can hand to other students or teachers to signal they need help.*

Yellow Ribbon Training for Trainers - *this is a longer training - generally 8 hours minimum depending on the audience - to train adults to do Yellow Ribbon trainings, particularly in middle and high schools. A good choice for building a local group of school counselors, school nurses and others to provide YR youth presentations in district schools, year after year. YellowRibbon.org*

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Steve Christenberry	Topeka	schristenberry@fsgctopeka.com	
Barb Nelson	Lenexa	barb@kssprc.org	

QPR (Question, Persuade, Refer) - *Another good 90-120 minute presentation for adult audiences, also promoting awareness of depression, suicidal ideation, risk and warning signs, stigma reduction, help-seeking behavior and resources for help. QPRinstitute.com*

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ASIST (Applied Suicide Intervention Skills Training) - *This is a 2-day training for adults for more advanced understanding and skills in suicide intervention. Anyone can benefit from it, but particularly popular with mental health professionals, like school counselors and social workers. Livingworks.net*

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