

## **2022-2023 Kansas FCCLA Community Service Project**

As the world continues to change each and every day, kindness and compassion are needed now more than ever, to change our communities, country, and world. Today, through the Kansas FCCLA Community Service Project, you have the opportunity to work with others by displaying random acts of kindness, in your school, community, or even state. As Kansas FCCLA members, we are the builders of homes, homes for America's future. In our creed, we value change, and most importantly kindness toward one another.

There is truly no place like Kansas FCCLA, and so let's make the day, or change the life of someone around us!

# Post your Act of Kindess

**We want to see how YOU are making a difference in your COMMUNITY, by promoting acts of KINDESS, and working with OTHERS to change lives!**

**@kansasccla**

- Twitter
- Instagram
- Facebook

**"If I Only  
Had a Heart!"  
Acting with:**

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# Recognition

All members of FCCLA, friends and family, and students who may not even be a member of FCCLA can participate in this year's community service project, "If I Only Had a Heart!" Acting with Kindness, for the 2022-2023 year!

Make sure to log hours as your chapter, community members, or friends work hard to make a difference!

We hope you all complete the recognition form, which can be found at [www.ksfccla.org](http://www.ksfccla.org) to receive recognition.

Once finished, submit recognition form to state adviser, Ms. Pam Lamb, at [plamb@ksde.org](mailto:plamb@ksde.org) by February 19th.

We want to see you get recognized this year, so do the lions, tigers and bears!



# Ideas

Donate food, water, and other resources to homeless shelters

Offer compliments and acts of courtesy to others for their work, whether it be related to school, sports, etc

Spend time with the elderly. This could include playing games such as Bingo at nursing homes in your community

Help or tutor someone who is having difficulty on a homework assignment

Read to school children, and partner with local elementary schools to enhance young children's education

Volunteer at the local animal shelter

"Kindness is the only service that will stand the storm of life and not wash out."  
-President Abraham Lincoln

# Reward for Service

For all chapters that apply for recognition, we want to thank and honor you for your hard work, determination, and excellence.

Recognition for the state community service project is determined by the cumulative hours of volunteer efforts. Listed below, you can find the specific requirements needed to receive each level of honor:

- Bronze: 15-25 hours, 50% of member involvement
- Silver: 25-40 hours, 70% of member involvement
- Gold: 40+ hours, 90% of member involvement