Power of One Units

MAYFIL SETI

RONWKGI NO GROWNIK

EAKT HET DALE

EAKSP UTO RFO CLFAC

A TERETB UYO

power of Project Project A Better 1/01/ Date 0-Name . Identify a concern \odot Ask yourself---• Which project ideas deal with concerns that are most important to me? • Which could lead to an in-depth project? • Which can be finished in the time available? My top concern is: <u>L</u> <u>N</u>OM like to learn a little more a personality traits and him my personality type. now others Set a goal Here's what I hope to accomplish: Knowledge of mu person -5-00 n , I will improve MU Bv [date] trait to be improved) by takina Was recommen [information to be learned, activity to be completed, or number to be reached] Form a plan Here's my plan: Who: What: Taking a personality test When: At CTSO Training (May 31-JUNE2) Where: My HOUSE/CTSO Training How: Cieffing a copy of the Resources: Attach a separate sheet listing people, publications, and community agencies that can help you with your project. 20 © Family, Career and Community Leaders of America, Inc.® • www.fcclainc.org Reproducible

Burnsond Brainst Abraidint				FEFE
Proposed Project Checklist Share this checklist with your adviser ar	nd/or evaluation te	am before	starting your project.	The Utimate Loadership
Is the goal realistic for the available time	e?		🛚 yes 🗆 no	Experience
Is it an in-depth project?			⊠ yes □ no	a and a second second
Is the project related to the unit topic? Is the member assuming full responsibil	lity for the project?	- **	I yes □ no I yes □ no	
Is the project plan complete and clearly		÷ .	⊠ yes □ no	
Will the project be the work of one indivi	and the second		🕅 yes 🛛 no	
Are the planned activities meaningful an	id significant to the	project?	🛛 yes 🛛 no	
Answers to all questions should be "yes	" for member to pr	roceed.	.,	
Revisions suggested:				
	·			
		2		
Adviser Signature	4	Date	t etation -	
	**			
Act Here's what I accomplished:		14 J.		14
T took the personali-	HI test a	A fri	ind out that I	am
I took the personality a director. From that	μ T μ CS (able to	SPP HOCH WISH	4.4
4 and 90. Hor Fie				
				· .
Follow up Here's what I learned:			e este est	and a second
What were the most successful parts of The personality te I liked how it to personality type.	your project? St fit Me- SId Me N	for tr .ow 0	thers perceive	and my
What would you change if you repeated	the project?) ~	
What would you change if you repeated I WOULD PRODUCING A to see which traits COULD'VE GUTTEN Q V	vaive comp	defect	many differen	74 4845
to see which traits	ALMIAL 5	DODDO	dub and the	enI
could've anten av	NOCE ACU	irate	asponent.	
With M gener ser				
Follow-up checklist (to be completed	by adviser and/or	evaluation	team)	
Did the student—		v		
• • •	□yes □no		ty d	. ¹
Complete all planned activities?	⊡yes ⊡no	· ·	2	. (. (
Complete all planned activities? Devote in-depth effort to the project?	•	·		. '
Complete all planned activities? Devote in depth effort to the project?	⊡yes ⊡no ⊡yes ⊡no ⊡yes ⊡no	ject.	28	. · ·
Complete all planned activities? Devote in-depth effort to the project? Complete the project alone?	⊡yes ⊡no ⊡yes ⊡no ⊡yes ⊡no	ject. Date	2	. *
Complete all planned activities? Devote in-depth effort to the project? Complete the project alone? Answers to all questions must be "yes"	⊡yes ⊡no ⊡yes ⊡no ⊡yes ⊡no	<u> </u>	2	
Complete all planned activities? Devote in-depth effort to the project? Complete the project alone? Answers to all questions must be "yes"	⊡yes ⊡no ⊡yes ⊡no ⊡yes ⊡no	<u> </u>	27	
Complete all planned activities? Devote in-depth effort to the project? Complete the project alone? Answers to all questions must be "yes"	□ yes □ no □ yes □ no □ yes □ no for approval of pro	Date		

er of **ie**ct છે. છેલ્લાન નિર્દો constraint of a Warr 物になっか。ここのない。 Project Family Ties Date 1-20-0 Name Identify a concern Ask yourself-• Which project ideas deal with concerns that are most important to me? Which could lead to an in-depth project? • Which can be finished in the time available? amily doesn't have much time. If any time My top concern is: Set a goal Here's what I hope to accomplish: 聽法 , I will improve OUT FAMILY HIME AND AMCATI 8-20-04 By [habit/activity/personal trait to be improved] [date] game night ovre a where AIRIDDING bγ [information to be learned, activity to be completed, or number to be reached] · 医叶白白病 人经合计公司 🚺 Form a plan Here's my plan: Who: Me & My family what: Having a game night and family dinner once a week when: All year long but trial done by 8-20-09 Where: My MOUSE How: Each Wednesday we will eat dinner as a family and then NCWE 9 GCIME NIGHT a separate sheet listing people, publications, and community agencies that can help you with your project. aguary of © Family, Career and Community Leaders of America, Inc.® • www.fcclainc.org Reproducible

Proposed Project Checklist Share this checklist with your adviser Is the goal realistic for the available to Is it an in-depth project? Is the project related to the unit topic Is the member assuming full respons Is the project plan complete and clear Will the project be the work of one ind Are the planned activities meaningful Answers to all questions should be "y Revisions suggested:	ime? ? ibility for the project? rfy stated? dividual? and significant to the project?	Diyes ☐ no Diyes ☐ no	FCCLA Induction Experiments
144,	·	and the second s	an constant of the West
Adviser Signature	Date	37*2-50553 ×473	e & withore is i and
Act Here's what I accomplished: I developed a family Weansday night a really improved out	I game night and ind our family recommunication	d family dinne really enjoyed. V Skills.	r every H. We
Follow up Here's what I learned:		of the generation of long the	in a sur a sur A sur a s
What were the most successful parts It really improved 0 05 a family oven m	ur communication	on and we gre	w together
What would you change if you repeat I WOULD HAVE EACH PLANSO HAT I CLOY FORCHING OLLFIES.	net the project? I family member If have to do H	er choose a we all. We could	ek to be
Follow-up checklist (to be completed by the student	ted by adviser and/or evaluatio	n team)	. * ⁷⁹⁵ * .
Did the student— Achieve the original goal? Complete all planned activities? Devote in-depth effort to the project?	-	η	n da anna an taonachta Tha an taonachta
Complete the project alone? Answers to all questions must be "ye	□ yes □ no es" for approval of project.		
Adviser Signature	Date		· · · · · · · · · · · · · · · · · · ·
power of	ommunity Leaders of America, Inc.		Reproducible

er of 000rolec Project WORKING ON ____ Date <u>8 - 28 - 0</u>° Name WORKING **O** Identify a concern Ask yourself-----• Which project ideas deal with concerns that are most important to me? · Which could lead to an in-depth project? Which can be finished in the time available? My top concern is: I WOULD LIKE TO KEYN MOVE about the NUKSING CARPER and what educational requirements I would have as Well as what to expect on the, pa Set a goal Here's what I hope to accomplish: [date], I will improve <u>My KNOW (Cd GP about the Projetered</u> [date] [habit/activity/personal trait to be improved] NUVSing Career By by preparing a <u>Career Investigations</u> Portfolio [information to be learned, activity to be completed, or number to be reached] and the second Form a plan Here's my plan: Who: What: Making a career Investigations portfolio over the Registered Nuising Profession. When: In my spare time Where: My House and At School How: Researching the career, going on a job shadow, and preparing Resources: Attach a separate sheet listing people, publications, and community agencies that can help you with your project. 2.19.1 © Family, Career and Community Leaders of America, Inc.® • www.fcclainc.org Reproducible

Project Sheet-2 Share this checklist with your adviser and/or evaluation team before starting your project. 🗆 no D yes 🖸 no □ yes 🗆 no U yes -Is the member assuming full responsibility for the project? U yes 🗆 no □ yes 🗆 no □ yes 🗆 no 🔅 Are the planned activities meaningful and significant to the project? 🗆 yes 🗆 no Answers to all questions should be "yes" for member to proceed. Date

Act Here's what I accomplished: I created a portfolio that went through various aspects of my interested field. I presented this in Career Investigations at STAR Events.

🜆 Follow up Here's what I learned:

Proposed Project Checklist

Is it an in-depth project?

Revisions suggested:

Adviser Signature _

Is the goal realistic for the available time?

Is the project plan complete and clearly stated?

Will the project be the work of one individual?

Is the project related to the unit topic?

邮络机的财产 氨 电影响不偏斜

What were the most successful parts of your project? I gathered a lot of information and now have a better INSIGNT TO the Registered Nurse Career

What would you change if you repeated the project? I would have worked more on my presentation, but the research part was all good.

Follow-up checklist (to be completed by adviser and/or evaluation team)

Did the student-

Achieve the original goal?	🗆 yes	🗆 no
Complete all planned activities?	🗆 yes	🗆 no
Devote in-depth effort to the project?	🗆 yes	🗆 no
Complete the project alone?	🗆 yes	🗆 no

Answers to all questions must be "yes" for approval of project.

Adviser Signature			Date		
1 - 13 M - 1	the second second second	the second s	and the second second		
		· · · ·	· ·		
				-	
power of			4		
Eamily Contraction	v Career and Com	munitul andore of	Amorica Inc.® au	www.fooloing.ord	Doproducih

Reproducible

	Co +		FGGL
		a _n e sea At ^a 1 a	Lease Exp Exp
power of		ject	a 🛞
	2 Sh		E). Konzelate
		JUE	i National and an an
1' 1		с. В.	
	Project Take -	the Lead	Date
	a 10. autor	34. 1	и и д ^{. 26°} н. ¹⁷ <u>46</u> °
Identify a concern Ask yourself Which project ideas do	al with concerns that are mos	t important to mo?	2 0 0 ⁴ 44
 Which could lead to an Which can be finished 	in-depth project?		an a
My top concern is: <u>I WOU</u>	ld like to belon	ne a State	Officer
Set a goal	· · · · · · · · · · · · · · · · · · ·	a toma to	
Here's what I hope to accon	nplish:	in skilb and	1 Compa level
Here's what I hope to accom By <u>1-15-09</u> , I will Idate]	nplish: improve_ <u>MY_ICA(IEISN</u> [he	bit/activity/personal trait	COMPALEVEL to be improved]
Here's what I hope to accome By <u>1-15-09</u> , I will Idate] by <u>APPIUING AND YL</u>	nplish: improve_ <u>MY_ICA(IEISN</u> [he	bit/activity/personal trait	
Here's what I hope to accome By <u>1-15-09</u> , I will Idate] by <u>APPIUING AND YL</u> Inform Form a plan	nplish: improve <u>MY 16A(ACISM</u> [he ANNING FOC A S	bit/activity/personal trait	
Here's what I hope to accome By <u>1-15-09</u> , I will Idate by <u>APPIUING AND YL</u> Inform Form a plan Here's my plan:	nplish: improve <u>MY 16A(ACISM</u> [he ANNING FOC A S	bit/activity/personal trait	
Here's what I hope to accome By <u>1-15-09</u> , I will Idate] by <u>APPIUING AND YL</u> Inform Form a plan Here's my plan: Who:	nplish: improve <u>MY ICA(ICISH</u> [ha <u>ANNING BC A S</u> nation to be learned, activity to be co	bit/activity/personal trait	
Here's what I hope to accome By <u>1-15-09</u> , I will Idate] by <u>APPIVING AND YI</u> inform Form a plan Here's my plan: Who: What: RUNNING FOR A	Improve <u>MY ICA (ICISM</u> Ination to be learned, activity to be co	bit/activity/personal trait	
Here's what I hope to accome By <u>1-15-09</u> , I will Idate] by <u>APPIVING AND YI</u> inform Form a plan Here's my plan: Who: What: RUNNING FOR A	Improve <u>MY ICA (ICISM</u> Ination to be learned, activity to be co	bit/activity/personal trait	
Here's what I hope to accome By <u>1-15-09</u> , I will Idate by <u>APPIUING AND YI</u> Form a plan Here's my plan: Who: What: RUNNING For A When: District Election State Officer Sele Preparation or	Improve <u>MY ICA (ICISM</u> Ination to be learned, activity to be co A STATE OFFICE IS ECTION BY TIME POSSIDJE	ibit/activity/personal trait	
Here's what I hope to accome By <u>1-15-09</u> , I will Idate] by <u>APPIVING AND YI</u> Inform Form a plan Here's my plan: Who: What: RUNNING For (When: District Election Where: Big High School Hesston, KS Crossy How: Filling Out ADD	nplish: improve <u>MY ICA(ICISM</u> Ination to be learned, activity to be co a State office IS ELTIONE POSSIBLE Vind Conference Cen Vind Conference Cen	bit/activity/personal trait	reached]
Here's what I hope to accom By <u>1-15-09</u> , I will Idate] by <u>APPIUING AND YI</u> Inform Form a plan Here's my plan: Who: What: RUNNING FOR A Where: District Election Where: B's B High School Hesston, is crossy My House How: Filling OUT APP Precenting all	nplish: improve <u>MY ICA(ICISM</u> Ination to be learned, activity to be co a State office IS ELTIONE POSSIBLE Vind Conference Cen Vind Conference Cen	bit/activity/personal trait	

	Proposed Project Checklist Share this checklist with your adviser and/or evaluation team before starting your project.
	Is the goal realistic for the available time? Image: System of the s
	Answers to all questions should be "yes" for member to proceed.
	Revisions suggested:
	an a
	Adviser Signature Date
	Act Here's what I accomplished: I did everything necessary to run for a state office and I ended up getting vice president of corporate and Public Relations and Finance.
	Follow up Here's what I learned:
	What were the most successful parts of your project? I was honored with getting a state affice and I learned a lot about how to present myself for benavioral interviews and what to tell others to expect.
	What would you change if you repeated the project? I WOULD'VE liked to have pushed myself more and prepared more for the behavioral interviews so maybe I could've became President of First Vice President maybe.
	Follow-up checklist (to be completed by adviser and/or evaluation team)
	Did the student—Achieve the original goal?□ yes□ noComplete all planned activities?□ yes□ noDevote in-depth effort to the project?□ yes□ noComplete the project alone?□ yes□ no
	Answers to all questions must be "yes" for approval of project.
	Adviser Signature Date
p	ower of
	© Family, Career and Community Leaders of America, Inc.® • www.fcclainc.org Reproducible

power of Project Peí Project Speak OUH for FCCLA Date 8-14-07 Identify a concern \odot Ask yourself • Which project ideas deal with concerns that are most important to me? · Which could lead to an in-depth project? Which can be finished in the time available? My top concern is: I WOU 11d Like to make a treasing chest to share officers and other members. with the Set a goal Here's what I hope to accomplish: By 8-H-07 , I will improve MU Kadership KNOW Radge and [habit/activity/personal trait to be improved] [date] by <u>creating</u> reasizing chest to shalle [information to be learned, activity to be completed, or number to be reached] Form a plan Here's my plan: Who: MC What: Make a treasure chest When: Officer Refreat (8-13:8-14) where: The Barn, Valley Falls How: Find a gubte and the introto the mission or creed and WITH OTHERS Resources: Attach a separate sheet listing people, publications, and community share it agencies that can help you with your project. © Family, Career and Community Leaders of America, Inc.® • www.fcclainc.org Reproducible

				Fornity Careton
Proposed Project Checklist				/FCCLA
Share this checklist with your adviser	r and/or evaluation tear	m before starting	your project.	Gers of Armerica The Usi Leade
Is the goal realistic for the available t	time?	⊠-yes	🛯 no	Esiper
ls it an in-depth project?		🖻 yes	l ⊓no	
is the project related to the unit topic	and the second	🔄 🖓 🖻 yes	□ no	
is the member assuming full respons		⊠ yes	□ no	en en besterne. Ministra
Is the project plan complete and clea Will the project be the work of one in	· · · · · · · · · · · · · · · · · · ·	⊠ yes ⊠ yes	□ no □ no	가는 것은 가슴이 있어. 같은 것 같은 것
Are the planned activities meaningful		A. 62 A.S.C	□ no	
Answers to all questions should be "	yes" for member to pro		. 19 vit - 14 4	: · · · · · · · · · · · · · · · · · · ·
Revisions suggested:				· · ·
•				
e e e e e e e e e e e e e e e e e e e	.	, e		
Adviser Signature	·, »¢	Date		
	÷			24
Here's what I accomplished: I picked OLH an av Character development effectively work as	a team, and	1 decision	making	6
effectively, work as	a team, and	l decision	making	ه
Effectively, work as Follow up Here's what I learned:	sa teumine	l decision	making	۵ ۲۰۰۰ ۲۰۰۰ ۲۰۰۰ ۲۰۰۰ ۲۰۰۰ ۲۰۰۰ ۲۰۰۰
Effectively, work as Follow up Here's what I learned: What were the most successful parts	s of your project?		, waing	9
Effectively, work as Follow up Here's what I learned: What were the most successful parts WE SUCCESSFULLY MA AND FORMED EVEN	s of your project? CR AND SNAVE MORE COOU	2d but; t J others (, waing	9
Effectively, work as Follow up Here's what I learned: What were the most successful parts WE SUCCESSFULLY MA AND FORMED EVEN	s of your project? CR AND SNAVE MORE COOU	2d but; t J others (, waing	9
Effectively, work as Follow up Here's what I learned: What were the most successful parts WE SUCCESSFULLY MA AND FORMED EVEN	s of your project? CR AND SNAVE MORE COOU	2d but; t J others (, waing	9
Follow up Here's what I learned: What were the most successful parts WE SUCCESSFULLY MON AND HOMED EVEN	s of your project? CR AND SNAVE MORE COOU	2d but; t J others (, waing	و مربع (۱۹۹۹) میلود مربع (۱۹۹۹) میلود مربع (۱۹۹۹)
Effectively, work as Follow up Here's what I learned: What were the most successful parts WE SUCCESSFULLY MAR And HEAMED EVEN What would you change if you repeate (NOHNING) I WOULD F	s of your project? CR AND SNAVE MOR COOL ed the project? CCP IH HNC SC	i accision id out; + i others e ime.	, waing	9
Effectively, work as Follow up Here's what I learned: What were the most successful parts WE SUCCESSFULLY MA AND HEAMED EVEN What would you change if you repeats (NOHNIG) I WOULD A Follow-up checklist (to be completed	s of your project? CR AND SNAVE MOR COOL ed the project? CCP IH HNC SC	i accision id out; + i others e ime.	, waing	9
Effectively, work as Follow up Here's what I learned: What were the most successful parts WE SUCCESSFULLY MAR And Hearned even What would you change if you repeate (NOHNING) I WOULD # Follow-up checklist (to be complete Did the student—	s of your project? CR AND SNAVE MOR COOL ed the project? CCP IH HNC SC	i accision id out; + i others e ime.	, waing	9
Follow up Here's what I learned: What were the most successful parts We SUCCESSFULLY MA AND HOMED EVEN What would you change if you repeate (NOHNIG) I WOULD A Follow-up checklist (to be complet Did the student— Achieve the original goal? Complete all planned activities?	s of your project? CR AND SNOVE MOR COOL ed the project? CCP if TNC SC ted by adviser and/or e uses uno uses uno	i accision id out; + i others e ime.	, waing	9
Follow up Here's what I learned: What were the most successful parts WE SUCCESSFULLY MA And HAMED EVEN What would you change if you repeate (NOHNIG) I WOULD F Follow-up checklist (to be complet Did the student— Achieve the original goal? Complete all planned activities? Devote in-depth effort to the project?	s of your project? A ANA SNAME MOR ADOU ed the project? CCP IF THE SC ted by adviser and/or e yes no yes no yes no yes no	i accision id out; + i others e ime.	, waing	9
Follow up Here's what I learned: What were the most successful parts WE SUCCESSFULLY MA And HAMED EVEN What would you change if you repeate (NOHNIG) I WOULD F Follow-up checklist (to be complet Did the student— Achieve the original goal? Complete all planned activities? Devote in-depth effort to the project?	s of your project? CR AND SNOVE MOTE COOL ed the project? CCP IF THE SC ted by adviser and/or e u yes u no u yes u no	i accision id out; + i others e ime.	, waing	9
Follow up Here's what I learned: What were the most successful parts WC SUCCESSFULLY MAD And HAMED EVEN What would you change if you repeate (NOHNA) I WOULD A Follow-up checklist (to be complet Did the student— Achieve the original goal? Complete all planned activities? Devote in-depth effort to the project? Complete the project alone?	a feating and solutions of your project? A and Share MOR about ed the project? CCP IF THE SC ted by adviser and/or e yes no yes no yes no yes no yes no yes no	21 DUT + 1 OHERS (1 ME. valuation team)	, waing	9
Follow up Here's what I learned: What were the most successful parts WC S WCCESSFULLY MAD And HAMED EVEN What would you change if you repeate (NOHNA) I WOULD A Follow-up checklist (to be complet Did the student— Achieve the original goal? Complete all planned activities? Devote in-depth effort to the project? Complete the project alone? Answers to all questions must be "ye	a feating and solutions of your project? A and Share MOR about ed the project? CCP IF THE SC ted by adviser and/or e yes no yes no yes no yes no yes no yes no	21 DUT + 1 OHERS (1 ME. valuation team)	, waing	9
Effectively, work as	a feating and solutions of your project? A and Share MOR about ed the project? CCP IF THE SC ted by adviser and/or e yes no yes no yes no yes no yes no yes no	21 DUT + 1 OHETS (1 ME. valuation team)	, waing	9
Follow up Here's what I learned: What were the most successful parts WC S WCCESSFULLY MAD And HAMED EVEN What would you change if you repeate (NOHNA) I WOULD A Follow-up checklist (to be complet Did the student— Achieve the original goal? Complete all planned activities? Devote in-depth effort to the project? Complete the project alone? Answers to all questions must be "ye	a feating and solutions of your project? A and Share MOR about ed the project? CCP IF THE SC ted by adviser and/or e yes no yes no yes no yes no yes no yes no	21 DUT + 1 OHETS (1 ME. valuation team)	, waing	9



A Better You

This unit is designed to help you improve personal traits and get to know yourself better so that you can be more effective as a student, worker, and person.

Project Ideas:



Doing a Self Test:

Complete a personality test-these can be found on the internet, from your advisor, or view some on Kansas Career Pipeline at www.kansascareerpipeline.org

Redo or Clean a Room:

Tired of the way your room looks? Ask permission to jazz up your room by repainting your room-choose a color scheme and plan to paint and rearrange your room. Too expensive? Plan a time to clean out your room, go through everything and maybe rearrange your room.

Sign Up To Do Some Community Service:

What better way to bust your self esteem and discover the real you by doing some community service? People are always looking for some volunteer help. Check with local hospitals, businesses, elderly community members, or your church.

Create a Goal Sheet:

Do you know what your high school goals are? What about your post high school goals? Talk to your counselor and make out long and short term goal lists. Maybe you would like to feel like you accomplished something over the summer, make a goal sheet of what to complete over the summer.

FCCLR

Improve Study Habits or Time Management:

Do you have trouble getting focused to get your school work done? Have an accountability partner or study group to change those habits. Maybe you can set up a study corner in your bedroom. Are you not able to manage your time very well? Make it your project to make out a daily schedule, and be sure you follow it.

Family Ties



This unit is designed to improve family relations and help you get along better with family members.

Project Ideas:

rtcin

Make a Communication Board:

Sometimes it is hard to keep everyone's schedule's straight, make a board that has a spot for everyone's schedules, notes, and reminders, so that each member can be more informed about each person's weekly events.

Plan a Game Night:

Do you every get tired of your mom hounding you about not ever being home? Well, plan a family dinner and game night once a week. You can use this time to discuss what has happened and what will happen during the week.

Plan a Sibling Night:

Sometimes you and your siblings just need some time away from your parents, out of the house. You can plan a night where you take your siblings out to maybe go bowling. Are you an only child? You can plan a night where you and your parents have a family outing.

Do a Spring Cleaning and then Host a Garage Sale:

Mom's always love it when you are willing to clean the house. Offer to help your parent clean the house from top to bottom and then when you get done, you can set up a garage sale.

Offer to Plan a Weekly Menu and Help with Meals:

Parents sometimes get tired of making all the meals and always cleaning up the dishes. You can get your family together and plan out a weeks worth of menus and then your parent doesn't have to worry about what to cook at a meal. You can even have a night where you make the meal and help clean up the dishes.

Take the Lead



Take the Lead is a unit devoted to developing leadership qualities in yourself and then begin to use them by leading others.

Project Ideas:

Run for a Chapter, District, State, or National Office:

There are a lot of leadership positions that need to be filled and running for an office is a good experience. You will be able to take part in leading youth as well as attending leadership conferences to boost your leadership skills. Talk to your advisor about all the opportunities or ask a state officer about their experience.

Organize a School-wide Event:

Do you feel like your school is not as active as it could be. Work together with your FCCLA Chapter or your Student Council to organize a schoolwide event. This could be bringing in a speaker or planning events for a shortened school day or the last day of school.

Do Community Service Regularly:

There are plenty of opportunities to do community service and what better way to boost your leadership skills than to find a community service project to do regularly (daily, weekly, monthly). You can ask community members, local businesses, your church, or your advisor for ideas. This may simply be just going to your local hospital and reading a book or doing an activity with a patient.

Mentor a Younger Child:

Do you like to work with children? Maybe you would like to use your leadership skills to mentor a child. You may choose a child that you feel needs some help and offer to meet with them once a week, every other day, or maybe even biweekly and help them with homework, or just do a fun activity. You could also get a group of students together and start an after school program. Another easier way to accomplish this would be to talk to your local Big Brothers Big Sisters (*BBBS*) Program

Attend a Leadership Conference:

Maybe you feel like your leadership skills need some sharpening before you can lead others. Attend a leadership conference where you can learn some great ideas and learn some good leading skills. Talk to your advisor, school counselor, or maybe your Student Council. Speak Out for FCCLA



The Speak Out for FCCLA Unit is used to encourage you to tell others about your positive experiences in FCCLA.

Project Ideas:

FEELR

FEELS

Set up an FCCLA Booth at a Local Event:

A good way to get the news out about FCCLA is to set up a booth in coordination with some other school-wide event. A good place for this would be at Parent-Teacher Conferences or at a Spring Music Concert. If you can get students and parents involved that is the best way to do it.

Write a News Article:

If you are into journalism, maybe you would like to write an article about what you have done with FCCLA. Maybe you can write an article after a big chapter, district, state, or national event that you attended. This is fun for people to read about and it gets your FCCLA Chapter talked about around town. The best way to gain support is to make sure that community members see that your chapter is active.

Help Organize a Membership Drive:

If you would like to reach a bunch of people and don't mind talking in front of others maybe you would like to help your advisor set up a membership drive. This is a good way to get others involved and it can be as simple as planning a small event during a study period at school. This could be a dance or going bowling. It doesn't have to be something big, but just some way to share your experiences and help get others involved.

Run for an Office:

Do you like to be in the spotlight? Running for an office might be the thing for you. This is a good way to lead others as well as help get the news about your experiences in FCCLA out there. Sometimes just being an example and showing others that you are having fun with this organization is all that needs to be done.

Make a Chapter Showcase Display Board or Manual:

Let your creative side show. Create a display board or manual of your chapter's events. Include quotes from members on what they liked, pictures and news articles from various events that your chapter attended. This can then be displayed at a fundraiser or school-wide event so that parents and the community can see what you have been doing.



Working on Working

This unit is designed to help you explore work options, prepare for a career, or sharpen skills useful in business.

Project Ideas:



Go on a Job Shadow:

Always wondered what a day would be like in your desired career choice? Pick out a day and follow someone around that currently works in the career area that interests you. If you don't know what you would like to do after graduation, follow around a few different people and see what you like better.

Find a Job:

College isn't cheap and money doesn't go on trees. Make it your project to go out and job hunt and fill out some applications. Finding jobs in this economy isn't easy, but there are still opportunities. If it is possible try and find a job that is along the same line as your career choice.

Research an Interesting Career:

What career field interests you? Take some time and really research that career. You can go online and search to see what schooling it requires, how much will your salary be, what will you be expected to do, what colleges offer programs for that major, or anything else that you may want to find out. Visit Kansas Career Pipeline at <u>www.kansascareerpipeline.org</u> to search for a lot of information.

Take a Communications Class or a Foreign Language:

Employers are always working to find people that are very good at speaking in front of others and know how to communicate well. Take a communications class at school and brush up your speaking skills. Already taken a communications class? Try and take a foreign language. Your chances for employment will greatly increase if you can become fluent in English as well as Spanish.

Do a Personality-Career Assessment:

Always wondered what career is best for you based on your personality? Try doing a personality assessment that can be related back to a career field. These can be found on the internet, on Kansas Career Pipeline at www.kansascareerpipeline.org or by asking your advisor or counselor.